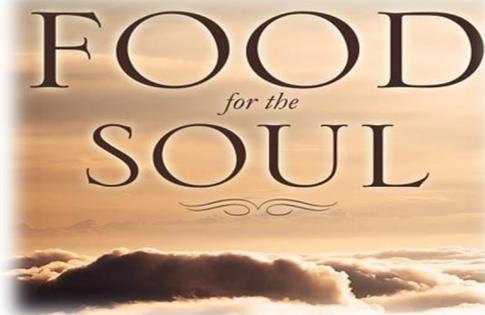




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Newsletter

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Biblical Meaning of the Month of March: Embracing Hope, Renewal, and Transformation

<https://biblicalchronology.com/biblical-meaning-of-the-month-of-march/>

Have you ever wondered what the month of **March** means in a biblical context? As the seasons shift and spring begins to bloom, this month carries rich symbolism that can deepen your understanding of faith and renewal.

March often signifies a time of new beginnings, reflecting themes of hope and transformation found throughout scripture. By exploring the biblical significance of this month, you can gain insights that resonate with your spiritual journey

and daily life.

Key Takeaways

- + **Symbolism of Renewal:** March represents new beginnings, reflecting themes of hope and transformation found throughout the Bible, particularly regarding personal and spiritual growth.
- + **Spring and Resurrection:** The month marks the onset of spring, paralleling the resurrection of Jesus during Easter, as emphasized in *2 Corinthians 5:17*.
- + **Biblical Events:** March features significant events like Passover, symbolizing liberation and freedom, which are central to both Jewish and Christian traditions.
- + **Reflection and Preparation:** Use March as a time for spiritual introspection, setting intentions, and preparing your heart for the upcoming celebrations like Passover.
- + **Connecting with Nature:** Embrace the signs of spring as a way to appreciate God's creation, aligning with biblical teachings that celebrate nature and renewal.
- + **Scriptural Insights:** Engaging with key scriptures, such as *Isaiah 43:19* and *Luke 22:7-20*, deepens your under-

From Page 1 *FOOD*

standing of March's themes and their relevance to your faith journey.

Biblical Significance of March

March symbolizes new beginnings, aligning with themes from the Bible. It represents awakening, growth, and renewal, echoing the message of regeneration found in several scriptures. Spring and Resurrection

March often marks the onset of spring. This transition reflects the resurrection of Jesus, celebrated during Easter. The symbolism of rebirth resonates with *2 Corinthians 5:17*, which states, "If anyone is in Christ, the new creation has come: The old has gone, the new is here!" This verse captures the essence of transformation and fresh starts.

Themes of Hope

March brings hope, mirroring the hope conveyed in biblical narratives. For instance, *Isaiah 40:31* speaks of those who hope in the Lord renewing their strength. This hope inspires perseverance and encourages you to embrace life's changes.

Biblical Events

March hosts important biblical events, including the preparation for Passover. Passover celebrates liberation and freedom, reflecting themes of deliverance in Exodus. The significance of this observance enhances the renewal themes associated with **March**.

Practical Reflection

You can use **March** for spiritual reflection. Consider setting aside time for prayer or meditation. Journaling your thoughts can help track personal growth, aligning your experiences with the themes of renewal found in scripture.

Connect with Nature

Another way to honor **March** is by connecting with nature. Acknowledge the signs of spring, observe new life, and appreciate the beauty of creation. This practice reinforces biblical teachings about appreciating God's creation, as seen in *Psalms 104:24-25*, which highlights the wonder of nature.

Key Themes Associated with March

March embodies themes of renewal, hope, and preparation in the biblical context, aligning with various scriptures that highlight transformation and new beginnings.

Renewal and Rebirth

March represents renewal and rebirth, paralleling the onset of spring. Nature awakens, mirroring themes of regeneration found in the Bible. Scriptures like *Isaiah 43:19* emphasize new things: "See, I am doing a new thing!" This season encourages you to consider personal growth and spiritual revitalization. Take time for prayer and meditation, focusing on areas in your life that need renewal. Engage in activities like planting seeds or caring for new growth as physical acts reflecting spiritual rebirth.

Reflection and Preparation

March is a time for reflection and preparation, especially in the lead-up to Passover. This event symbolizes liberation and freedom, inviting you to examine your life and identify areas where you seek freedom or change. Use this period to journal your thoughts, setting intentions for your spiritual journey. Reflect on past experiences and how they've shaped your faith. This preparation can enhance your observance of Passover and deepen your understanding of its significance. Embrace practices like fasting or prayer as a way to prepare your heart and mind for the upcoming celebrations.



YOUR KIDNEYS AND KIDNEY CANCER

KIDNEY 101

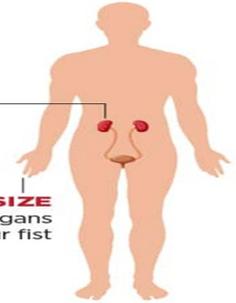


Your kidneys filter about a bathtub's worth of fluids every day!

WHY?
To remove toxins and extra water from blood

WHERE ARE THEY LOCATED?
Just below your rib cage, one on each side of your spine

SIZE
Bean-shaped organs the size of your fist



WHO GETS KIDNEY CANCER?

65-74
Men and women ages 65-74 years old

Men 2x as likely to get as women

More common in Black American Indian, and Alaska Native populations



RISK FACTORS

- Smoking
- Chemical exposure
- Obesity
- High blood pressure
- Family history
- Radiation
- Dialysis



SYMPTOMS

- Blood in the urine
- Lump or pain on side/back of abdomen or lower ribs/hips
- High blood pressure
- Anemia or low blood counts
- Fatigue, weight loss, low-grade fever, bone pain



TREATMENTS

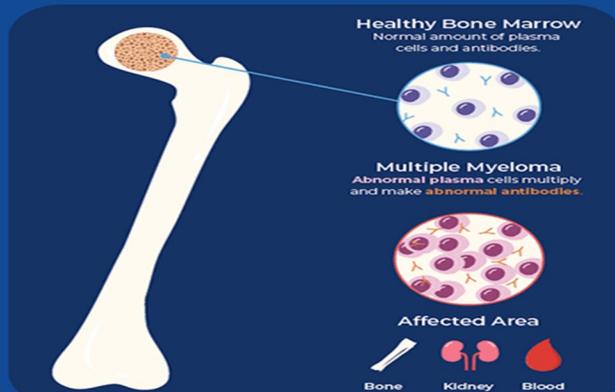
- Imaging and Surveillance
- Surgery
- Immunotherapy – Use body's natural defenses
- Targeted therapies – Attack cancer cells
- Clinical trials

Source: <https://lugpa.memberclicks.net/assets/docs/2024/LUGPA%20March%202024%20Toolkit.pdf>

What is Multiple Myeloma

Facts

- Multiple Myeloma is a Cancer of the Plasma Cells
- Inhibits the Growth of Red and White Blood Cells
- 4 Year Overall Survival of 75%
- 2nd Second Most Common Blood Cancer
- 65 Sixty-Five is the Median Age of Diagnosis





Help Needed!!!

At the 2025 Annual Church Meeting, a couple of vacancies were announced during the Permanent Organization Committee report:

- + Church Clerk
- + House Committee Chair

If you are interested in assisting SJBC by filling these vacancies, please see *Mrs. Mary Ann Corpal-Clay*, Chair of the Permanent Organization Committee.



Who am I?

For bragging rights, a small token, and your picture in the Newsletter, name the club described below. If a tie, everyone wins!!!

Entries are due at the end of services on the 3rd Sunday.

- * Organized in 1953, the same year St. John moved in 640 Vance.
- * First meeting held at the home of the late *Rev. & Mrs. A. McEwen Williams*.
- * 3 Main purposes:
 - * To render helpful services
 - * To enlist members'
 - * To encourage spiritual/cultural development of young people
- * Club Colors: Red & White
- * Flower: Carnation

Answer: The New Era Club



Update:

Mrs. Mary Ann Corpal-Clay, the Augural Winner of the Name Game, chose a \$25 Char gift card.

Who will be the next Winner of a \$25 gift card?!?!?!?

Member Spotlight

Women's Month 2026

March, at *St. John Baptist Church*, is Women's Month and the 4th Sunday is Women's Day!!! It's a month and a day when the Women of *SJBC* are celebrated.

This year's Chair is *Sis. Marva Turner*, Co-Chair is *Mrs. Chrystal Gray*. The guest speakers, for the day, are Dr. Cozette Garrett, an ordained Christian Church



(Disciples of Christ) minister and author at 11:00 am and at 3:00 pm, Dr. Taura Jefferson, Bellevue Baptist Church. The theme for Women's Day 2026 continues the Annual theme of "*New Directions*," Proverbs 3: 5-6 and Romans 8:37-39 ~ Women Loved by God: Walking in His Purpose.

Activities:

Women's Day Weekend

- + Saturday, March 21st @ 12:00 Noon
Annual SaladFest/Meet & Greet

A chance to fellowship, with our Guest Speakers, lunch and Bingo!!!

Sign-up sheets are now available (see email or Church Office)

- + Sunday, March 22
 - 11:00 am - Dr. Cozette Garrett
 - 3:00 pm - Dr. Taura Jefferson

*Note: Dinner after 11:00 am services (\$25.00 donation, suggested)
Reception will follow the Women's Day Program*

From Page 2 **FOOD**

Notable Scripture References

Several scripture references enhance the understanding of march's significance. Key verses include:

Exodus 12:1-14: This passage details the instructions for the Passover celebration, emphasizing the importance of remembrance.

Luke 22:7-20: This scripture captures the Last Supper, establishing the connection between Passover and the sacrifice of Jesus.

1 Corinthians 5:7: This verse identifies Christ as our Passover lamb, signifying His role in salvation.

These references provide a biblical foundation for the themes of renewal and hope during **March**. Engaging with these texts can deepen your understanding of the spiritual significance of this month.

Symbolism of March in Christianity

March carries deep symbolism within Christianity, focusing on themes of rebirth and renewal. This month aligns with the arrival of spring, representing new beginnings as nature awakens from winter's slumber.

New Beginnings

March signifies a fresh start, reminiscent of the verses in *2 Corinthians 5:17*, which speaks of becoming a new creation. Embrace this opportunity to reflect on personal growth and spiritual transformation.

Reflection and Preparation

March invites you to prepare for significant milestones, particularly Passover. Use this time for introspection and spiritual readiness, aligning your heart with the themes of freedom and deliverance.

Celebration of Passover

Passover occurs in March, symbolizing liberation and divine intervention. Recognize its importance through rituals like the Seder meal, which encourages reflection on redemption and community.

Link to the Last Supper

The connection between Passover and the Last Supper deepens your understanding of sacrifice and Jesus' crucifixion. Scriptures like *Luke 22:7-20* and *1 Corinthians 5:7* highlight this relationship, emphasizing the themes of sacrifice and hope throughout **March**.

Themes of Hope and Renewal

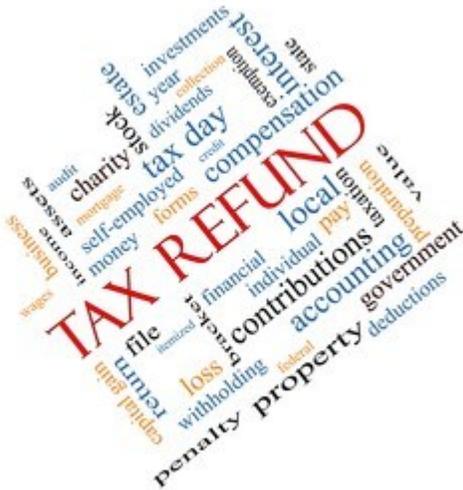
March embodies unyielding hope and renewal, encouraging you to focus on personal and spiritual growth. Engage with the biblical teachings that resonate with the themes of this month, such as *Isaiah 43:19*, which speaks of God doing new things.

March serves as a potent reminder of the endless possibilities that come from faith, inviting you to embrace the season with open arms.

Conclusion

As you embrace the month of **March** remember its powerful themes of renewal and hope. This time of year invites you to reflect on your own journey and consider the fresh starts that lie ahead. Whether you're preparing for Passover or simply enjoying the awakening of nature around you take a moment to connect with the deeper meanings of this month.

Let **March** inspire you to seek transformation in your life and deepen your understanding of biblical teachings. With every new beginning comes the opportunity for growth and a chance to celebrate the freedom and deliverance that faith brings. Embrace this season of change and let it guide you toward a brighter future filled with hope and endless possibilities.



5 smart ways to put your tax refund to use

<https://finance.yahoo.com/personal-finance/taxes/article/what-to-do-with-tax-refund-211101775.html>

Getting a tax refund from Uncle Sam can be exciting. After all, some surprise cash can allow you to splurge on things that previously seemed out of reach, like major home improvements or bucket list travel.

However, before you spend your entire refund, it pays to consider how to use that extra cash to improve your financial future or shore up your safety net during economic uncertainty. Let's look at some smart ways to put your refund to work before the direct deposit hits your bank account.

1. Start an emergency fund

Been meaning to put away some savings but keep getting sabotaged by unexpected bills? A tax refund is the perfect seed money for an emergency savings fund.

Emergency savings, sometimes called rainy day funds, can help support your family during a job loss which often involves not just the loss of income but also healthcare. Or it could front money for unexpected costs like car or home repairs.

How much should you have squirreled away in an emergency fund? Any cash is better than nothing, but experts encourage putting away savings equivalent to three to six months' worth of expenses.

2. Add to your savings

Dumping a sizable portion of your refund check into a savings account to keep it safe from impulse buys isn't a bad idea. But it's important to remember that not all savings accounts are created equal when it comes to interest rates.

You'll get more bang for your buck by leaning into high-yield savings accounts, money market accounts, or a high-yield CD (certificate of deposit). While those

high APYs are a big benefit, there are some drawbacks, such as restricted access to your funds and scheduled minimum deposits. Understanding how these accounts work is crucial.

And be sure you choose a bank that's FDIC insured. The Federal Deposit Insurance Corporation (FDIC) is a government agency that insures your bank deposits up to \$250,000 per **depositor** in case of bank failure.

3. Pay off high-interest debt

One of the most effective things you can do with your refund check is pay down debt. Eliminating your credit card debt, paying down medical bills, and tackling any other debts with interest in double-digit territory is a solid investment in your financial future.

If you don't have high-interest debt, you can make extra payments on student loans, a car loan, or even a home loan that you might not otherwise be able to afford.

Thanks to the magic of compound interest, putting your refund check into a retirement account is an investment strategy that pays serious dividends. Adding \$3,138 (the average refund in 2024) to a typical IRA could turn your refund check into as much as \$25,000 after 25 years.

However, before you decide to use all your extra money to pad your retirement savings, double-check the contribution limits for a traditional IRA, Roth IRA, and 401(k). If you've already contributed the maximum, you may want to add funds to your health savings account (HSA) instead.

Worried about protecting the gains of your retirement plan as you approach 65? Experts recommend pulling

Please see **MONEY** Page 8

From Page 7 MONEY

5-10 years of living expenses into more accessible high-yield savings accounts when you reach retirement age and shifting some of your asset allocation into the relative safety of high-quality bonds. Reducing risk in your retirement portfolio can shield your immediate retirement income from potential volatility in the stock market.

5. Invest in your financial goals

Take time to carefully consider your personal finance goals and put your individual income tax refund to work toward them. Some possibilities include:

- Contributing to a 529 college savings plan. New rules signed into law in 2025 mean these tax-free savings plans can also be used to pay back student loans.
- Investing in career training with the Lifetime Learning Credit
- Starting a brick-and-mortar business, online store, or side hustle
- Purchasing life insurance
- Funding home improvements, especially energy-efficient ones that provide tax breaks

REFUND RESEARCH

4	F	E	R	O	N	C	B	O	O	L	Q	8	I	E	S	S	T	I	E	U	V	T	R	
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4	F	F	6	C	G	6	X	B	X	O	0	0	Z	M	C	Z	M	D	R	A	I	Z	A	
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6	E	U	8	X	X	L	N	D	8	D	O	V	D	C	R	E	U	I	O	D	Y	B	L	
F	R	S	P	8	M	O	I	C	O	8	E	F	Y	O	V	U	S	P	V	N	D	4	C	
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DIRECT DEPOSIT	SAVINGS BONDS	FREEZE CODES	REFUND HOLD	MATH ERRORS	RESULT TOOL
PAPER CHECK	BANKRUPTCY	TIMEFRAMES	FORM 8888	ERRONEOUS	DEBT IND
BALANCE	MEFILE	IMFOBT	OFFSET	TXMOD	NAMES
PAPER	ERINV	TRDBV	RTVUE	UPTIN	FFINQ
ENMOD	SUMRY	REINF	TRACE	NOREF	EXAM
CFOL	IDRS	EFT	ELF	ERS	BFS
RTN	RAC	RAL	840	846	



Some Firsts....



Mrs. Loretta H. Kateo (1914-2002), the **First** African American Licensed Social Worker in Memphis, TN



Dr. Gail Gossett (1953-2018), member of Comprehensive Medical Group, the **First** group of African American female physicians to be financed by Tri-State Bank in Memphis, TN



Mrs. Garrie L. Gossett (1921-2021), the First African American to teach at East High School, Memphis, TN.



Judge Carolyn Wade Blackett, First African American female Criminal Court Judge in Tennessee when she appointed in 1994.



Mrs. Rosetta H. Peterson, First African American to play the organ at the Orpheum Theatre, Mother's Day 1979.

March 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1 Sunday Services	2 Prayer Mtg/ Bible Study	3 Joyce S. Collins Carolyn A. Simms	4	5	6 Sonja Johnson	7 Deacons' Meeting Official Board Mtg
8 Sunday Services Sunday School 10 am	9 Prayer Mtg/ Bible Study	10 Nyla L. Swett	11	12	13	14
15 Sunday Services	16 Prayer Mtg/ Bible Study	17 St. Patrick's Day	18	19	20 Spring	21 12 noon SALAD FEST
22 Sunday Services Sunday School 10 am Annual Women's Day	23	24 Prayer Mtg/ Bible Study	25	26	27	28
29 Sunday Services	30 Marcus Gray	31 Prayer Mtg/ Bible Study				

Mar 17 - St. Patrick's Day



From Page 5 **WOMEN'S DAY**

Financial Goal:

Suggested: \$200 (women and men, young and o) or whatever you can afford.

Attire:

- ◆ *1st Sunday* - Black
- ◆ *2nd Sunday* - Hats
- ◆ *3rd Sunday* - African Attire
- ◆ *4th Sunday* - White with pastel accents
- ◆ *5th Sunday* - *SJBC* T-shirts

Committees:

- ◆ *Activities* - *Aleasa R. Rankin*, Chair
- ◆ *Decorations* - *Mrs. Beulah Rankin*, Chair
- ◆ *Dinner* - *Mrs. Vanessa Gray*, Chair
- ◆ *Evangelistic* - *Mrs. Garnett Gray*, Chair
- ◆ *Finance* - *Mrs. Alisa Petty*, Chair
- ◆ *Music* - *Barbara Parks, M. Diane Johnson, L Renee Gray*
- ◆ *Program* - *Mrs. Garnett Gray*, Chair
- ◆ *Reception* - *Mrs. Shiley Sallie*, Chair
- ◆ *Speakers* - *Mrs. Mary Ann Copral-Clay*, Chair

Ladies of *SJBC*, the chairs listed above seek your assistance in each and every way possible.

INTERNATIONAL *Women's* DAY
WORD SEARCH

M	A	R	I	E	C	U	R	I	E	O	N	B	Y	W	M	I	J	W	M	D	S	C	Y	N		
A	G	L	O	R	I	A	S	T	E	I	N	E	M	K	I	N	E	P	A	W	S	E	F	J	O	M
R	W	M	J	Q	S	E	R	N	Z	O	T	L	V	J	C	D	A	T	Y	A	S	E	F	J	O	M
O	G	X	U	T	U	M	F	R	E	W	I	L	M	P	H	E	R	N	A	C	V	U	Y	V	V	
S	A	J	B	K	A	E	Q	P	L	K	M	B	W	I	E	J	D	I	A	K	G	B	X	O	F	
A	L	W	I	S	A	B	E	L	P	E	R	O	N	R	L	E	A	C	N	S	D	I	Y	F	I	
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A	E	R	A	D	R	F	Y	I	E	W	N	D	R	E	E	H	U	X	E	C	P	Z	V	V	N	
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I	K	A	E	W	E	O	F	X	W	K	U	M	I	B	R	E	Z	C	R	J	X	Z	Q	O	O	
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M	N	G	T	D	R	W	A	S	W	E	U	I	G	R	E	T	A	G	E	R	W	I	G	P	P	

1. Marie Curie	8. Harriet Tubman	15. Janet Reno
2. Rosa Parks	9. Isabel Perón	16. Indra Nooyi
3. Maya Angelou	10. Frida Kahlo	17. Katharine Graham
4. Queen Elizabeth II	11. Michelle Kwan	18. Jane Fraser
5. Amelia Earhart	12. Anne Frank	19. Nancy Pelosi
6. Sally Ride	13. Wangari Maathai	20. Greta Gerwig
7. Mother Teresa	14. Gloria Steinem	

Men's Day 2026

While Men's Day 2026 may be in the History Books, here's a recap:

- ✦ **Deacons Eddie Bailey**, Chair and **Lindsey Day**, Co-Chair
- ✦ Speaker, Rev. Stephen Chitman, 2nd St. John MB Church, West Memphis, AR and son of the first African American Mayor of West Memphis
- ✦ **SJBC Man of the Year 2026 -- Harold Mathis**
- ✦ **SJBC Man of the Year 2025 -- Cleveland Rankin, Jr.** received his plaque
- ✦ The 2026 Financial Goal has not been met; i.e., **SJBC** your financial assistance is needed!!! **Deacon Ron Clark** and the Finance Committee would greatly appreciate your assistance in making this year's goal. If you have yet to contribute, please do so and if you have, please consider an additional \$50 or so.



March Word Search

Imperialterrace

Donneybrook

Shillelagh

Leprechaun

Tradition

Celebrate

Shamrock

Mischief

Limerick

Rainbow

Ireland

Fortune

Emerald

Blarney

Banshee

Bagpipe

Gaelic

Clover

Celtic

Brogue

Magic

Irish

Green

Luck

Gold

Jig

Bac



V	G	X	N	E	T	A	R	B	E	L	E	C	K	B	D	T	X	C	E	G	X	R	G
J	C	E	Z	T	F	G	M	L	N	L	Y	H	A	F	O	P	C	T	Z	F	C	Y	A
V	J	L	J	Q	Y	R	O	K	Q	F	M	N	G	P	Q	M	D	I	G	J	O	H	N
S	A	E	O	T	M	W	T	L	R	O	S	O	U	A	I	C	A	A	T	M	K	Z	D
B	J	U	P	V	R	H	V	U	D	H	P	H	I	S	L	F	F	I	J	L	M	G	U
Z	P	W	B	E	E	A	T	C	E	T	Q	X	C	E	Y	E	T	S	V	O	E	E	F
W	A	S	T	A	F	R	D	E	K	V	T	H	V	Q	E	S	L	Q	Q	I	N	C	F
P	U	Z	R	I	G	D	Q	I	V	K	I	X	Y	S	P	E	O	L	M	P	I	D	X
I	G	S	F	W	L	P	Y	X	T	E	T	C	U	B	P	S	R	P	I	R	X	L	E
V	T	F	G	A	E	L	I	C	F	I	S	S	A	T	K	F	E	F	T	H	I	H	U
C	I	G	A	M	C	E	T	P	Z	O	O	W	Q	F	I	R	E	J	L	F	S	B	X
E	G	R	E	E	N	W	Z	H	E	P	U	N	W	H	I	Y	E	N	R	A	L	B	P
V	A	A	M	V	K	C	O	R	M	A	H	S	U	A	Y	G	B	M	U	W	B	D	E
N	D	L	A	R	E	M	E	C	I	K	N	U	L	D	N	A	L	E	R	I	O	L	O
J	P	Y	T	O	M	H	G	D	S	T	Z	T	E	Y	S	L	H	Y	V	F	F	E	T
J	I	G	A	R	B	C	C	O	Z	W	E	W	L	P	N	W	C	W	I	M	P	P	H
B	C	T	D	V	Y	E	A	Q	D	R	V	Z	H	M	U	V	C	M	L	H	Y	R	Y
Y	G	Y	N	F	G	G	H	B	R	F	J	W	S	E	M	I	F	K	S	L	Z	E	S
O	T	T	T	K	E	P	M	A	U	S	F	M	I	E	H	F	W	I	G	W	O	C	V
W	O	B	N	I	A	R	C	A	A	I	A	U	R	F	O	R	T	U	N	E	N	H	H
W	C	P	C	D	A	E	L	G	H	K	K	C	I	R	E	M	I	L	Y	V	E	A	K
Y	N	C	V	Y	G	H	L	V	C	G	H	N	J	B	R	O	G	U	E	C	H	U	W
M	A	F	T	Y	M	M	J	U	O	U	R	S	Z	O	M	S	V	E	T	A	H	N	C
X	D	U	S	Z	T	M	L	D	O	N	N	E	Y	B	R	O	O	K	I	C	X	U	F

From Page 3 **HEALTH**

COLORECTAL CANCER: *You Can Prevent It*

COLORECTAL CANCER PREVENTION *by the Numbers* from the **AMERICAN COLLEGE OF GASTROENTEROLOGY**



3RD

In the United States, colorectal cancer is the third most common cancer in both men and women, yet it is one of the most preventable types of cancer.

1 in 23

Lifetime risk of colorectal cancer for men



1 in 25

Lifetime risk of colorectal cancer for women



150,000+

Estimated new cases of colorectal cancer this year

50,000+

People will die from colorectal cancer this year

1990

It has been estimated that people born around 1990 have twice the risk of colon cancer and four times the risk of rectal cancer than those born around 1950.

While the reasons for these trends are complex, experts suggest unhealthy diet and sedentary lifestyle may contribute.

SCREENING *Saves Lives*

AGE 45 TO 75

Adults at average risk for colorectal cancer should get screened

AGE 75+

The decision to continue screening should be personalized in adults over age 75

10 VS. 1

In general, colonoscopy every 10 years starting at age 45 for average risk adults is recommended as a screening test as compared to the alternate stool FIT test which you have to undergo every 1 year.

POLYPS

Removing polyps reduces the risk of colorectal cancer and saves lives. The power of prevention!

- Learn More: gi.org/coloncancer
- Find a gastroenterologist near you: gi.org/find-a-gastroenterologist
- Read ACG 2021 Colorectal Cancer Screening Guidelines: bit.ly/ACG2021-CRC-Guideline

1-Step Test

COLONOSCOPY

Your doctor can see and remove pre-cancers called polyps and preventor detect or confirm colorectal cancer **ALL IN 1 STEP.**

1-STEP TEST Colonoscopy is a one-step test that looks for growths called polyps in your entire colon (large intestine) and rectum using a colonoscope. Your doctor can remove polyps during colonoscopy and prevent colorectal cancer.

2-STEP TESTS If tests such as Fecal Immunochemical Tests (FIT) or multitarget stool DNA are positive, a follow up colonoscopy would be required to as a second test.

2-Step Test

1ST STEP

Stool-Based Test
FIT Test (Fecal Immunochemical Test)
Multitarget Stool DNA

OR

Flexible Sigmoidoscopy

OR

Imaging Test
CT Colonography
Colon Capsule

POSITIVE TEST?

2ND STEP
Colonoscopy

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